

ABSTRACT

A therapeutic body covering specific to a certain area of a body, the body covering comprising a panel for covering a certain area of a body, a removable flap positioned over the panel, a therapeutic insert configured to conform to the area of the body, a securing panel to hold the panel to the
5 certain area of the body, and wherein the panel and the securing panel are configured so that the certain area of the body is not moved when placing the therapeutic insert between and removing the therapeutic insert from the panel and the flap.